

# NELSONS HOMEOPATHIC DISPENSARY

## PRICE LIST



November 2008 [www.nelsonshomeopathy.com](http://www.nelsonshomeopathy.com)  
DISPENSARY AND MAIL ORDER 01-6790451 FAX 01-6790457

## DOSAGE

We recommend the following dosages as a guideline only for acute/first aid ailments. These apply to both adults and children (over 12mths) **6c & 30c potency only**.

Chronic/long term conditions will require treatment from a qualified homeopathic practitioner.

For further details please contact Nelsons Homeopathic Dispensary on 01-6790451.

- Suck or chew 15–30 minutes away from food and drink if possible. Avoid coffee, camphor, menthol, peppermint, eucalyptus and other strong-smelling substances as these may interfere with your remedy.
- When improvement is evident increase the interval between doses, stop when improvement is maintained.

## PILLULES/TABLETS

Do not directly handle the pillules/tablets (use the container cap as a dispenser) and if any pillules/tablets are spilled do not return them to the container.

The pillules/tablets are sucked or chewed, without water.

- Take 2 pillules/tablets every 2 hours for the first 6 doses, then 4 times daily for up to 5 days or until symptoms improve. If symptoms worsen or persist consult your practitioner.

## **POWDERS**

- 1 powder is the equivalent of 2 pillules/tablets, dosage as for pillules/tablets.  
Unfold and pour into a clean mouth.

## **MOTHER TINCTURE Ø DOSAGE**

(This does not apply to Bach Original Flower Remedies. Follow the instructions on the bottle or a Bach Original Flower Remedy pamphlet).

- **INTERNAL:**

5 drops in half a glass of water, 3 times a day unless otherwise indicated.

Prepare a fresh solution each time. Warning: Arnica Ø and Thuja Ø are for external use only. Please seek appropriate advice if you are unsure.

- **EXTERNAL APPLICATION:**

Simply allow a few drops to fall on the affected part. Dilute the tincture with a little water when using on cuts to avoid stinging.

- **EYE TREATMENT:**

Fill an eye bath with cool boiled water and add 1 drop of tincture. Warning: Mother tinctures are natural extracts, which contain alcohol. If applied undiluted they will sting or burn the eyes. NEVER APPLY A TINCTURE DIRECTLY TO THE EYES.

## **OIL, OINTMENT AND CREAM DOSAGE**

Gently massage a small quantity on the affected area. Repeat as required.

Minimum 3 times a day.

# PAYMENT & DELIVERY

## Notes:

**PAYMENTS** We accept €-Euros only, postal orders, cheques enclosed with order; or payments charged to VISA/MASTERCARD/MAESTRO/LASER  
Postage stamps are not accepted. Please do not send cash.

**DISCOUNTS** Discount is only available on Nelsons products.  
Practitioners are eligible for special discounts; please contact the dispensary.

**P & P** Standard charge for P & P is €3.00. P & P for larger orders is subject to weight.

All goods are sent through An Post. Guaranteed next day delivery is available upon request at extra cost.

All our orders are dispatched as soon as possible. If an order is placed before 3pm we dispatch the same day. Our customers report that it is rare not to receive an order on the following day.

## GOODS

Goods are not supplied on a sale or return basis. Any claims for damage of goods must be in writing within 5 days of receipt of goods. The damaged goods must be returned with the claim.

Homeopathic remedies cannot be returned.

# NELSONS HOMEOPATHIC PHARMACY (NHP) PRODUCTS

Our pharmacy team has especially created an extensive and exclusive homeopathic combination range using their knowledge and daily experiences.

## NHP COMBINATION CLIKPAKS

€12.95

Aching Legs	Dizziness	Nervous Anxiety
Acidity & Heartburn	Dry Cough	Night Cramps
Alert Mind	Everyday Stresses	Peaceful Sleep
Arthritis & Rheumatism	Gout Relief	Pre Menstrual Tension
Athletic Sports Injury	Grief & Bereavement	Recovery of Flu Symptoms
Backache & Sciatica	Hangover Relief For	Relief of Flu-like Symptoms
Bites & Stings	Headaches & Nausea	Sinus Free
Bloating	Hayfever & Allergy	Sore Throat
Boils & Carbuncles	Healing Combination	Stomach Upset
Catarrh	Healthy Hair & Scalp	Tennis Elbow Bursitis
Chesty Cough	Heat Rash	Tinnitus Combination
Cold Sore Relief	Jet Lag	Varicose Veins
Computer Eye Strain	Male Tonic	Warts & Verrucae
Concentration	Menopause Relief	Weight Loss
Constipation	Men's Health	Women's Health
Cystitis & Bladder	Migraine Headaches	Youthful Skin
Problems	Morning Sickness Relief	
Detox Support	Mouth Ulcers	

## **NHP GELS**

Acne Treatment	30g	€12.50	Mouth Ulcers	10g	€7.50
Bites & Stings	30g	€12.50			

## **NHP OINTMENTS**

Burns Ointment	30g	€10.50	Cracked Heel Ointment	30g	€10.50
Calendula Ointment	30g	€10.50	Graphites Ointment	30g	€10.50
Cold Sore Relief Ointment	10g	€7.50			

## **NHP CREAMS**

Chickweed (Stellaria)	30g	€10.50	Thuja Cream	30g	€10.50
Cracked Nipple Cream	30g	€10.50	Urtica Urens Cream	30g	€10.50
Multi-Purpose Anti-Fungal	50g	€11.99	Vit E Rejuvenating Cream	100g	€18.50
Scar Treatment Cream	100g	€18.50	Warming Aid for Joint Pain	100g	€18.50

## **NHP TINCTURES**

Crataegus Ø	50ml	€22.75			
Immune Booster	30ml	€16.75			
Menopause Care	30ml	€16.75			
Mouth Wash	30ml	€16.75			
Peaceful Sleep	30ml	€16.75			
Hypercal Ø – for cuts and sores			5ml	€7.75	50ml €22.75
Hypercal Spray					30ml €14.75
Pyrethrum Liquid – for bites and stings			5ml	€7.75	50ml €22.75
Pyrethrum Spray – for bites and stings, pump spray					30ml €7.25
Eyebright Drops – Euphrasia tincture for eyes			5ml	€7.75	
Thuja Ø – for warts and verrucae			5ml	€7.75	

## NHP KITS

The The Nelsons First Aid Kit (36 Remedies)	€65.00
The Nelsons First Aid Kit (10 Remedies)	€39.00
The Nelsons Labour Kit (10 Remedies)	€39.00
The Nelsons Baby Care Kit (10 Remedies)	€39.00
The Nelsons Travel Kit (10 Remedies)	€39.00
The Nelsons Injury Kit (10 Remedies)	€39.00

**Special Offer:** buy The First Aid Kit (36 Remedies) with *The Handbook of Homeopathy* by Miranda Castro, only **€85.00**, saving **€10.00**.

## OTHER NHP PRODUCTS

**SPECIAL COUGH MIX** €16.50

**HEALING COMBINATION MIX** €16.50

**SINUS MIX** €14.50

**HAEMORRHOID MIX** €14.50

**ANXIETY MIX** €14.50

**STOP SMOKING MIX** €14.50

**CIRCULATION/JET LAG MIX** €14.50

### I.C.C. PREVENTION

Influenza and common cold tablets 125 tablet securitainer €15.50

### OILS

(arnica/calendula/ruta/thuja/urtica urens) 10ml €6.50

**VERBASCUM (MULLEIN) OIL** 10ml €6.50

**CRADLE CAP OIL** 50ml €?..??

**Please note:** The Nelsons Homeopathic Pharmacy range is only available in these sizes and formulations.

## MADE TO ORDER

Homeopathic remedies from our vast potency bank are available in the following forms and sizes.

### TABLETS

flat lactose (80%)/sucrose (20%) base

### PILLS

round sucrose base (100%)

### CLIKPAK™ PILLS

lactose (15%)/sucrose (85%) base

### DROPS

oral 20% alcohol

### GRANULES

7g vial glass bottle	approx. 55 tabs/150 pills	<b>€10.75</b>
14g plastic securitainer	approx. 125 tablets	<b>€15.50</b>

### MOTHER TINCTURES Ø

A wide range is available, please telephone for details.

5ml dropper bottle	approx. 90 drops	<b>€7.75</b>
10ml dropper bottle	approx. 180 drops	<b>€10.25</b>
30ml dropper bottle	approx. 450 drops	<b>€14.75</b>
50ml dropper bottle	approx. 900 drops	<b>€20.75</b>

**LIQUID POTENCIES** 20% alcohol oral drops

5ml dropper bottle	approx. 75 drops	€11.25
10ml dropper bottle	approx. 150 drops	€13.75
30ml dropper bottle	approx. 350 drops	€16.25
30ml dropper bottle of LM potency	approx. 375 drops	€??.??
50ml dropper bottle	approx. 750 drops	€24.25

**MIXED BACH REMEDIES 30ML** €10.00

**MEDICATED POWDERS** each €1.75

## Notes:

- All potencies are the same price. All prices include VAT and are subject to alteration without notice and orders will be invoiced at the prices ruling at the date of dispatch.
- For your own combination remedies we can mix up to 5 remedies in one vial at the cost of **€2.00 per extra remedy**.
- The CLIKPAK™ is a technologically advanced and ergonomically innovative dispensing method. The advantage is that there is no need to touch the pillules, simply click them into the cap. The outer layer is durable plastic whilst the inside of the klikpak is made of inert glass due to the delicate nature of the pillules that need to be protected. The result is a contemporary and practical remedy-friendly storage container and dispenser.
- We can supply a full range of Homeopathic Medicines. All potencies and substances are prepared to order, subject to legal status and availability. Some mother tinctures can now be legally supplied only on receipt of a valid prescription.

## NELSONS TOPICAL RANGE

ACNE GEL	For pimples and blemishes	30g	€7.25		
ARNICARE CREAM	For bruises	30g	€7.25	50g	€9.95
ARNICARE COOLING GEL	For bruises	30g	€7.25		
ARNICARE SOOTHING SPRAY	For bruises	50ml	€7.95		
ARNICARE KIDS STICK	For bruises		€7.95		
BURNS CREAM	First aid help	30g	€7.25		
CALENDULA CREAM	For rough skin with fragrance	30g	€7.25	50g	€9.95
CHILBLAINS CREAM	Tamus	30g	€7.25		
EVENING PRIMROSE CREAM	For dry skin with fragrance	30g	€7.25		
GRAPHITES CREAM	For dermatitis	30g	€7.25		
NELSONS H+CARE HAEMORRHOID RELIEF CREAM				30g	€7.25
NELSONS H+CARE SOOTHING HYGIENIC WIPES				x40	€6.95
HEALING CREAM	Calendula no fragrance	30g	€7.25		
HYPERCAL CREAM	For cuts and scrapes	30g	€7.25		
RHUSTOX CREAM	For rheumatic conditions	30g	€7.25		
SMOOTH A	For skin prone to nappy rash			50g	€5.99
STRAINS CREAM	Ruta Grav	30g	€7.25		
TEA TREE CREAM	Antiseptic	30g	€7.25	50g	€9.95

## NELSONS INDICATED RANGE

<b>CANDIDA™</b>	(72 tablets blister pack) Candida 6c		<b>€7.25</b>
<b>NOCTURA™</b>	(72 tablets blister pack) For the relief of insomnia		<b>€7.25</b>
<b>TEETHA™</b>	(Granules 24 sachets) For the relief of teething pain		<b>€7.25</b>
<b>TEETHA™ GEL</b>			<b>€6.99</b>
<b>SOOHA COUGH SYRUP</b>	Bryonia 6c 150ml. For the relief of dry, tickly coughs		<b>€7.25</b>
<b>COLDENZA™</b>	(72 tablets blister pack) For relief of influenza and influenza like colds		<b>€7.25</b>
<b>POLLENNA™</b>	(72 tablets blister pack) For the relief of hayfever		<b>€7.25</b>
<b>TRAVELLA™</b>	(72 tablets blister pack) For the relief of travel sickness		<b>€7.25</b>

## CHILDREN'S PRODUCTS

<b>SOOHA COUGH SYRUP</b>	Bryonia 6c 150ml		<b>€7.25</b>
<b>SMOOTHA</b>	For skin prone to nappy rash	50ml	<b>€5.99</b>
<b>TEETHA™</b>	(Granules 24 sachets) For the relief of teething pain		<b>€7.25</b>
<b>COLICKY DROPS</b>	To relieve colic symptoms in babies	10ml	<b>€13.75</b>
<b>ARNICARE KIDS STICK</b>	For bruises		<b>€7.95</b>

# NELSONS CLIKPAKS

Arnica 6C

€6.75

Arnica 30C

€8.25

## **CLIKPAK 30C RANGE €8.25 EACH Minimum 84 pills lactose/sucrose base**

Aconite	Apis	Thuja	Arsen Alb	Belladonna	Bryonia
Calc Carb	Euphrasia	Gelsemium	Hepar Sulph	Hypericum	Ignatia
Kali Bich	Kali Phos	Lycopodium	Natrum Mur	Nux Vom	Pulsatilla
Rhus Tox	Sepia	Sulphur			

## **CLIKPAK 6C RANGE €6.75 EACH Minimum 84 pills lactose/sucrose base**

Nux Vom      Pulsatilla      Rhus Tox

## **OTHER NELSONS PRODUCTS**

**SPATONE** 100% natural liquid iron supplement –  
14 sachets

€5.99      28 sachets      €9.95

**NICE 'N CLEAR A** natural head lice removal kit

€14.95

### **BOOKLETS**

*An Introduction & Guide to Homeopathy*

*An Introduction & Guide to Homeopathy for Pets*

*An Introduction & Guide to Flower Remedies*

each      €5.50

# BACH ORIGINAL FLOWER REMEDIES

## RESCUE REMEDY®

RESCUE REMEDY 10ML	€7.95	RESCUE PASTILLES	€7.95
RESCUE REMEDY 20ML	€9.95	(orange or blackcurrant flavour)	
RESCUE REMEDY SPRAY 20ML	€10.95	RESCUE CREAM 30G	€7.95
RESCUE NIGHT DROPS 10ML	€7.95	RESCUE CREAM 50G	€9.95
RESCUE NIGHT SPRAY 20ML	€10.95	30ML treatment bottle (empty)	€2.99

## BACH™ ORIGINAL FLOWER REMEDIES 20ml each €8.95

Only the Bach signature guarantees that you receive the original Bach Flower Remedies, prepared as they have been since Dr Bach's time, with Tinctures made exclusively at the Bach Centre at Mount Vernon, Oxon.

AGRIMONY	ASPEN	BEECH	CENTAURY
CERATO	CHERRY PLUM	CHESTNUT BUD	CHICORY
CLEMATIS	CRAB APPLE	ELM	GENTIAN
GORSE	HEATHER	HOLLY	HONEYSUCKLE
HORNBEAM	IMPATIENS	LARCH	MIMULUS
MUSTARD	OAK	OLIVE	PINE
RED CHESTNUT	ROCK ROSE	ROCK WATER	SCLERANTHUS
STAR OF BETHLEHEM	SWEET CHESTNUT	VERVAIN	VINE
WALNUT	WATER VIOLET	WHITE CHESTNUT	WILD OAT
WILD ROSE	WILLOW		

**MIXED BACH REMEDIES 30ML** €14.95

## **BACH SETS**

### **WOODEN BACH PROFESSIONAL BOX SET**

All 38 remedies (20ml), 2x Rescue Remedy(20ml) and 2x 30ml mixing bottle €395.00

### **BACH INTRODUCTION BOX SET**

All 38 remedies (10ml) and 2x Rescue Remedy (10ml) €210.00

**EMPTY WOODEN BACH PROFESSIONAL BOX** €80.00

## **BACH BOOKS**

*Bach Flower Remedies for Women* by Judy Howard €14.30

*Bach Flower Remedies Step By Step* by Judy Howard €7.80

*The Bach Remedies Repertory* by FJ Wheeler €8.25

*Illustrated Handbook of the Bach Flower Remedies* by Philip M Chancellor €14.80

*Dictionary of the Bach Flower Remedies* by TW Hyne Jones €8.48

*The Essential Writings of Dr Edward Bach, The Twelve Healers and Heal Thyself*  
by Dr Edward Bach €7.59

## **BOOKLETS**

*An Introduction & Guide to Flower Remedies* €5.50

## **Storage of Homeopathic Medicines**

We advise that they be kept in the container in which they are supplied. Keep away from children, strong smelling substances such as perfume, disinfectants and direct light or heat.